

Information on HIV Testing & Counseling for Non-Japanese Speakers

Figuring out where to get HIV testing could be troublesome for many international residents, even when they are looking for the information. In Japan, public health centers offer HIV antibody testing. You can also get tested for HIV at public and private hospitals and clinics.

Below you can find public health centers that regularly provide HIV antibody testing with the assistance of medical interpreters as well as non-profit organizations (NPOs) that offer telephone consultation services.

HIV testing at public health centers (*hokenjo* in Japanese) are for free, under strict confidentiality. You do not need to give your name or contact information to get tested. More number of public health centers are also offering test services for STIs (sexually transmitted infections) such as syphilis and chlamydia, together with HIV testing.

Aside from the ones introduced here, there are other public health centers that should arrange for an interpreter if you consult in advance.

If you are looking for a place to get tested for HIV and other infections, please call the NPOs below for further information.

I. Free and Confidential HIV Testing at Public Health Centers (*hokenjo*)

1. Shinjuku City Public Health Center

【Languages】 English, Português, Español, Thai

(No appointment required for foreign language counseling and testing. Please go directly to the venue on the testing day.)

【Venue】 Tokyo Metropolitan Shinjuku Taxation Office 1F (Shinjuku Tozei Jimusho)

【Address】 7-5-8 Nishi-Shinjuku, Shinjuku-ku, Tokyo

【Public Transportation】 10-minute walk from West Exit of Shinjuku Station (JR, Keio, and Odakyu Lines)

Map https://www.city.shinjuku.lg.jp/foreign/english/guide/kenko/kenko_8a.html

【Testing Days】 Every Thursday

*Need an appointment, but not required for non-Japanese speakers.

*Please be sure to check the website beforehand, as tests are not provided on some of the days.

Details: http://www.city.shinjuku.lg.jp/fukushi/file02_02_00009.html (in Japanese)

https://www.city.shinjuku.lg.jp/foreign/english/guide/kenko/kenko_8a.html

【Hours】 1:30 pm to 3:00 pm, for both the testing and test results

【Eligibility】 Anyone who experienced a possible exposure 60 days or more prior to the testing day

【Appointment】 Not required. Please go directly to the venue.

【NOTE】

- You can get tested for syphilis, chlamydia, and hepatitis B on the same day upon your request.
- Blood tests for HIV, syphilis, and hepatitis B; urine test for chlamydia.
- Please come back one week after the testing for the result(s). The test result(s) are available only within 3 months of your testing day.

2. Kanagawa Prefecture

Website: www.pref.kanagawa.jp/uploaded/attachment/818788.pdf

【Languages】 English, Português, Español, Thai

(For other languages, please contact 5 days before your testing day.)

【Venue】 Kanagawa Prefectural Center (Kanagawa Kenmin Center)

【Address】 2-24-2 Tsuruya-cho, Kanagawa-ku, Yokohama City, Kanagawa

【Public Transportation】 5-minute walk from West Exit of Yokohama Station (multiple railways)

Map: <http://www.pref.kanagawa.jp/cnt/f5681/p16362.html>

【Testing Dates and Hours】

On Sunday, 17 July 2016 3pm to 3:30pm

On Sunday, 18 September 2016 3pm to 3:30pm

On Sunday, 20 November 2016 3pm to 3:30pm ※The schedules might change.

【Eligibility】 Anyone whose first language is not Japanese

【Applicant capacity】 5 persons

【Appointment】 No appointment required. Testing is offered to the 5 applicants on first-come, first-served basis. If you'd like to make a reservation, or if you need interpretations in languages other than those indicated above, please call the Center in advance.

《For Japanese》 Kanagawa Health Risk Management Division

Tel. 045-210-4793 (Monday – Friday: 8:30am to 5:15pm)

《For English》 Minatomachi Medical Center

Tel. 045-453-3673 (Tuesday and Friday: 1pm to 2pm. Contact person: Dr. Sawada)

【Contact number on the testing day】

070-1288-4116 (for asking directions to the reception) 1pm to 3:30pm

【NOTE】

- You can get tested for syphilis and hepatitis B, together with HIV testing. Test result(s) are available on your testing day.

II. NPOs offering Telephone Consultation Services on HIV/AIDS**CRIATIVOS Projeto Saude/CRIATIVOS PROYECTO DE SALUD**

Website: <http://www.npocriativos.jp.org/>

【Languages】 Português, Español

【Telephone】 080-3723-5798

【Counseling Days and Hours】 Thursday, 10am to 5pm

CHARM

Website: <http://www.charmjapan.com/en/hotline>

【Languages】 English, Español, Thai, Tagalog, Português

【Telephone】 06-6354-5901

【Counseling Days and Hours】

English: Tuesday and Thursday, 4pm to 8pm

Español and Português: Tuesday, 4pm to 8pm

Thai: Wednesday, 4pm to 8pm

Tagalog: Thursday, 4pm to 8pm

SHARE: Services for the Health and Asian and African Regions

Website: <http://npoSHARE.sakura.ne.jp/english/act/japan/>

【Languages】 English, Thai (Group TAWAN)

【Telephone】 050-3424-0195(English), 080-3791-3630(Thai)

【Counseling Days and Hours】

English: Monday, Wednesday and Friday, 10am to 5pm

Thai: Saturday, 5:30pm to 10pm

TAWAN

Website: Not available

【Languages】 Thai

【Telephone】 080-3791-3630

【Counseling Days and Hours】 Thursday, 9am to 4pm

III. NPO offering Multiple Language Support at Hospitals / Clinics

AMDA International Medical Information Center

Website: <http://amda-imic.com/>

【Languages】 English, Thai, Chinese, Korean, Español, Português, Tagalog

【Telephone】 03-5285-8088

【Counseling Days and Hours】

English, Thai, Chinese, Korean, and Español: Everyday, 9am to 8pm

Português: Monday, Wednesday, and Friday, 9am to 5pm*

Tagalog: Wednesday, 1pm to 5pm*

Tiếng Việt: Thursday, 1pm to 5pm*

*Closed on holidays.

厚生労働科学研究費補助金エイズ対策研究事業「外国人におけるエイズ予防指針の実効性を高めるための方策に関する研究」（研究代表者：仲尾唯治）